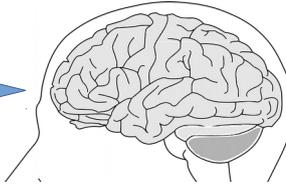
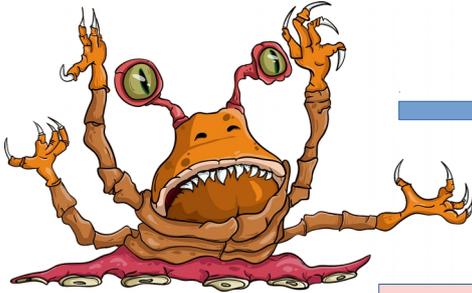
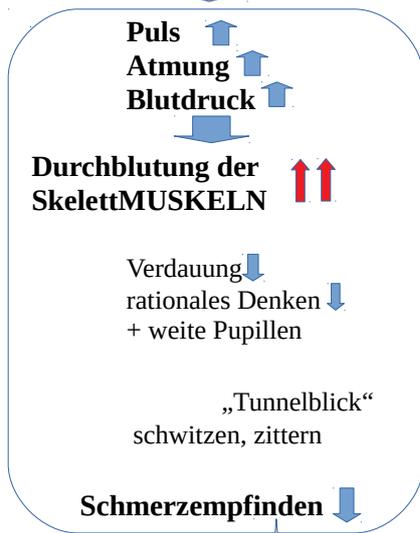


Auslösendes Ereignis –
bedrohliche Situation / Gefühl



!!! ALARM !!!

Stresshormone (Adrenalin u.a.)



Aggression



Angst



KAMPF



FLUCHT / Rückzug

...wenn weder Flucht noch Kampf möglich:



Resignation / Erstarren